

KEKE CHANEL

AUTHOR | BLOGGER | COACH | HOST



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KICKIN' IT WITH KEKE

Monday Nights
8 pm CST
Instagram Live



Let's Kick It

ABOUT ME

WHO IS KEKE CHANEL?

WWW.THEKEKECHANEL.COM



BIO

I AM AN AWARD-WINNING AUTHOR, LIFESTYLE BLOGGER, GHOSTWRITER, WRITING AND CERTIFIED LIFE COACH. I HAVE SUCCESSFULLY WRITTEN AND PUBLISHED 9 NOVELS AND 3 SHORT STORIES, AND RECENTLY RELEASED MY FIRST NONFICTION BOOK WHAT THE L? FINDING BALANCE: CREATING AND MAINTAINING A NEW MINDSET. I ATTENDED SOUTHEASTERN LOUISIANA UNIVERSITY, MAJORING IN PSYCHOLOGY. IN MARCH OF 2020, I STARTED MY OWN LIFE COACHING BUSINESS CALLED PUSH LIFE COACHING LLC FOCUSING ON PERSONAL GROWTH AND MINDSET.

I WANTED TO STEP FROM BEHIND THE SCENES IN FRONT OF THE CAMERA, SO I TURNED MY BLOG KICKIN' IT WITH KEKE INTO A LIVE TALK SHOW WHICH RUNS VIA INSTAGRAM EVERY MONDAY NIGHT AT 8 PM.



SHOW MISSION

Kickin' It With KeKe spotlights everyday people who are making a difference in the world every day through conscious conversation to bring change to the narrative of today's societal point of view.

I believe that starting those uncomfortable discussions on my show will lead to mindfulness, self-awareness, empowerment, and sparking other relevant dialogue to see the change we want to experience in this lifetime not only in the black community but the world collectively.



KICK IT WITH ME

See details [→](#)

Thank you for your interest
in becoming a guest on
Kickin' It With KeKe.

Submit an email detailing why you would like to
be a guest to kekechanel2012@gmail.com.
In a concise manner, please answer the following
questions.

1. Enclose who you are and what product or
service you provide.
2. Who is your target audience and what benefits
will your product or service provide?
3. What differentiates you and/or your product or
service from anyone else in your area of expertise?
4. Explain your overall vision or intent of being a
guest on the show for you and/or your product or
service.

If you are selected to be a special guest on Kickin'
It With KeKe, you will receive additional
information via email.

“Stop worrying about who
you’re supposed to be and be
who you are meant to be.”

KeKe Chanel

